



Windham Child Care Association  
promoting a good start for all our children

## **Early Learning Express**

**Web Update: Fall 2013**

We have been focusing on hibernation because the ELE is acting like a bear and will be sleeping in the big garage until spring. We have been doing hibernation this week because ELE is acting like a bear and will be sleeping in the Big garage all winter until spring.

### **Hibernation songs**

#### **What do Animals do when the Air starts Turning Cold**

*Tune: This is the way we brush our teeth*

What do the birds do in the fall, in the fall, in the fall.

What do the birds do in the fall, when the air starts turning cold.

Birds migrate south in the fall, in the fall, in the fall (Flap wings)

Birds migrate south in the fall, when the air starts turning cold.

What do the bears do in the fall, in the fall, in the fall.

What do the bears do in the fall, when the air starts turning cold.

Bears hibernate in a cave, in a cave, in a cave. (hands together or face, sleeping)

Bears hibernate in a cave, when the air starts turning cold.

What do the Turtles do in the fall, in the fall, in the fall.

What do the turtles do in the fall, when the air starts turning cold.

Turtles hibernate in the mud, in the mud, in the mud. (sing loudly)

Turtles hibernate in the mud, when the air starts turning cold.

#### **Hibernation Song**

*Tune: Are You Sleeping*

Bear is sleeping, bear is sleeping

In the cave, in the cave.

I wonder when he'll come out,

I wonder when he'll come out

In the spring, In the spring.

Birds are flying, birds are flying



In the sky, in the sky.  
I wonder when they'll come back,  
I wonder when they'll come back,  
In the spring, in the spring.

### **Hibernation**

*Tune: Allouette*

Chorus

Hibernation, time for hibernation,  
Hibernation, time to go to sleep.  
In the winter, where's the bear?  
Sleeping in its log or lair.  
Where's the bear? Log or lair. Oh!

Chorus

In the winter, where's the frog?  
Sleeping by a pond or log.  
Where's the frog? Pond or log.  
Where's the bear? Log or lair. Oh!

Chorus

In the winter, where's the snake?  
In the mud beneath beneath the lake.  
Where's the snake? In the lake.  
Where's the frog? Pond or log.  
Where's the bear? Log or lair. Oh!

Chorus

In the winter, where's the bat?  
In a cave is where it's at.  
Where's the bat? A cave it's at.  
Where's the snake? In the lake.  
Where's the frog? Pond or log.  
Where's the bear? Log or lair. Oh!

### **Where Is Bear?** (or any other hibernating animal)

*Tune: Where Is Thumbkin?*

Where is bear?  
Here I am.  
Here I am.  
How are you this winter?  
Very tired, thank you.



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Go to sleep.  
Go to sleep.

Here are some other animals you can use in the song:  
badger, bear, rabbit, chipmunk, groundhog, turtle, frog,  
bat, raccoon, snake, skunk, squirrel, hedgehog, mouse

### Here is a Cave – Fingerplay

Here is a cave. (bend fingers to form cave)  
Inside is a bear. (put thumb inside fingers)  
Now he comes out. (thumb out)  
To get some fresh air.  
He stays out all summer  
In sunshine and heat.  
He hunts in the forest  
For berries to eat. (move thumb in circle)  
When snow starts to fall  
He hurries inside.  
His warm little cave (thumb in)  
And there he will hide.  
Snow covers the cave  
Like a fluffy white rug. (cover with other hand)  
Inside the bear sleeps  
All cozy and snug.

Other Hibernation Songs <http://www.songsforteaching.com/maryflynn/hibernation.htm>

### Books:

“Bear Says Thanks”, Karma Wilson

“Time to sleep”, Denise Fleming

“Wild Child” Lynne Plourde

